



Antioxidant Offerings

100% Natural Ingredients • No Hydrogenated Oil
No Trans Fats • No Cholesterol • Vegan Friendly



Luxure® Savoury Sweet Cashew Crunch

Treat yourself to this combination of sweet and savoury, drizzled on sesame-encrusted cashews. These exotic golden nuts crunch with just the right touches for the palate to create a perfect quality in taste. Add it to your stir fry recipes, rice entrées, couscous dishes and salads.

INGREDIENTS: Dry roasted cashews, evaporated cane juice, sesame seeds, soybeans, sea salt, whole wheat, rice vinegar, natural flavour. (May contain peanuts and tree nuts.)

Selenium



Omega-6



Nutrition Facts	
Per 1/3 cup (40 g)	
Calories	210
Fat	12 g 19%
Saturated + Trans	2.5 g 12%
Sodium	150 mg 4%
Carbohydrate	20 g 7%
Fibre	1 g 3%
Sugars	13 g
Selenium	6%



Oh Rosemary® Sophisticated Rosemary Attraction

Indulge in the warmth of rosemary herbs drizzled with olive oil and spices and tossed with our unique blend of premium cashews, almonds and pecans. Enjoy with a cocktail, enhance salads or dazzle your favourite entrée with a finish that steals the show.

INGREDIENTS: Dry roasted cashews, dry roasted almonds, dry roasted pecans, cornstarch, sea salt, evaporated cane juice, rosemary, salt, spices, powders of onion and garlic, olive oil. (May contain peanuts, other tree nuts, soy, wheat and sesame.)

Carnosol



Selenium



Vitamin E

Nutrition Facts	
Per 1/3 cup (40 g)	
Calories	230
Fat	19 g 29%
Saturated + Trans	3 g 14%
Sodium	290 mg 12%
Carbohydrate	12 g 4%
Fibre	3 g 10%
Sugars	2 g
Vitamin E	30%



Tamari® Almonds A Fusion of Aromatic Oriental Flavours

Dry roasted to perfection, our exclusive Tamari® Almonds are skillfully prepared in small batches with the finest traditionally brewed natural sauce from Japan. Experience Tamari® Almonds as a snack, in a salad, with rice, or sprinkled on your favourite vanilla ice cream.

INGREDIENTS: Dry roasted almonds, soybeans, whole wheat, sea salt. (May contain peanuts, other tree nuts and sesame.)



Vitamin E

Isoflavones



Nutrition Facts	
Per 1/3 cup (40 g)	
Calories	250
Fat	20 g 31%
Saturated + Trans	1.5 g 8%
Sodium	220 mg 9%
Carbohydrate	8 g 3%
Fibre	5 g 20%
Sugars	1 g
Vitamin E	120%





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Lite®

An Uplifting Blend with wild Blueberries

An elegant recipe filled with plump dried fruit, oven baked nuts and seeds, and the unexpected addition of dried blueberries. Serve on its own as an entrée, or allow the simplicity of this dish to inspire you to transform breakfast cereals, salads and fragrant rice.

INGREDIENTS: Raisins, dry roasted almonds, dry roasted cashews, dried cranberries, sunflower seeds, dry roasted pumpkin seeds, dried blueberries, sugar, apple juice concentrate, sunflower oil. (May contain peanuts, other tree nuts, soy, wheat and sesame.)



Nutrition Facts	
Per 1/3 cup (40 g)	
Calories	190
Fat	12 g 18 %
Saturated + Trans	1.5 g 7 %
Sodium	5 mg 0 %
Carbohydrate	19 g 6 %
Fibre	3 g 10 %
Sugars	12 g
Vitamin E	40 %

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Voyageur® Ultra

An Adventure into Nature's Bounty

Experience Voyageur® Ultra and enrich your journey. Surprise your senses with fruity magic blended with crisp and crunchy textures. Savour our hiker's blend on its own, with breakfast cereals or in your favourite oatmeal cookie recipe.

INGREDIENTS: Raisins, dry roasted cashews, dates (may contain pits), sunflower seeds, dry roasted almonds, currants, dried apple, Brazil nuts, dry roasted pumpkin seeds, filberts. (May contain peanuts, other tree nuts, soy, wheat and sesame.)



Nutrition Facts	
Per 1/3 cup (40 g)	
Calories	170
Fat	9 g 14 %
Saturated + Trans	1.5 g 6 %
Sodium	10 mg 0 %
Carbohydrate	22 g 7 %
Fibre	2 g 9 %
Sugars	14 g
Vitamin E	25 %

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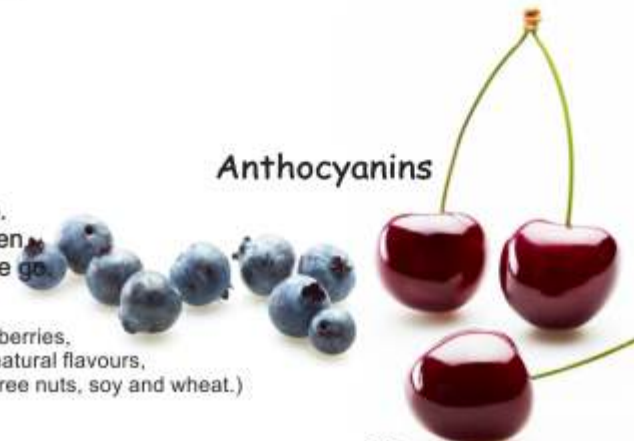


So Smart®

An Invigorating Blend with wild Blueberries

This colourful mix bursting with flavours makes a great pick-me-up. This blend we offer you is a creative combination of carefully chosen ingredients which enhance health. Enjoy it at home or take it on the go.

INGREDIENTS: Raisins, rolled oats, dry roasted almonds, dried cranberries, evaporated cane juice, dry roasted pumpkin seeds, dried cherries, dried blueberries, canola oil, sesame seeds, sugar, cocoa bean pieces, cocoa powder, honey, natural flavours, sea salt, apple juice concentrate, sunflower oil. (May contain peanuts, other tree nuts, soy and wheat.)



Nutrition Facts	
Per 1/3 cup (40 g)	
Calories	170
Fat	5 g 8 %
Saturated + Trans	0.5 g 4 %
Sodium	15 mg 1 %
Carbohydrate	26 g 9 %
Fibre	3 g 11 %
Sugars	15 g
Vitamin E	15 %

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