

ONE KILOGRAM PRODUCT LINE

**Rich in Antioxidants • Only Dry Roasted Nuts • All Natural Ingredients
Convenient 1kg format • Easier to manage than bulk • Stays fresh longer**



Vegan Friendly

No Hydrogenated oil

No Trans fats

No Sulphites Added

No Preservatives

No Food Colouring

**No Artificial
Flavours**

No Cholesterol

No Dairy



**Our products are
made with the finest
ingredients from
around the world.
Naturally**



naturSource
RICH IN ANTIOXIDANTS
RICHE EN ANTIOXYDANTS
tamari almonds
almonds
amandes
1kg

Tamari® Almonds
A fusion of aromatic oriental flavours
Dry roasted to perfection, our exclusive Tamari® Almonds are skillfully prepared in small batches with the finest traditionally-brewed natural sauce from Japan. Experience Tamari® Almonds as a snack, in a salad, with rice, or sprinkled on your favourite vanilla ice cream.

naturSource
RICH IN ANTIOXIDANTS
RICHE EN ANTIOXYDANTS

DRIED FRUIT
Cranberries
Jumbo Thompson Raisins
NUT & FRUIT MIXES
Lite® with Wild Blueberries
Salad Topper
Tropix II with Cashews
Voyageur® Ultra
So Smart™

naturSource
RICH IN ANTIOXIDANTS
RICHE EN ANTIOXYDANTS

DRY ROASTED NUTS
Almonds Dry Roasted
• Unsalted
• With Sea Salt
Cashews Dry Roasted
• 320 Unsalted
• 320 w. Sea Salt
• Jumbo 180 Unsalted
• Jumbo 180 w. Sea Salt
Jumbo Pistachios in Shell w. Sea Salt
Pistachio Kernels Roasted w. Sea Salt
Macadamia Nuts Dry Roasted w. Sea Salt

SPECIALTY DRY ROASTED NUTS
Classic Mixed Nuts Roasted w. Sea Salt
Exotica® Mixed Nuts w. Macadamias
Luxure® Sweet & Savoury Cashew Crunch
Oh Rosemary™ with Olive Oil
Maple Praline Cashew Nuggets
Maple Praline Almonds
Maple Praline Pecans
Tamari® Almonds
Tamari® Weekend - Nut Mix
Tamari® Weekend - Nut Snack Mix
Smoked Almonds (natural flavour)

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RICH IN ANTIOXIDANTS
RICHE EN ANTIOXYDANTS

WHOLE GRAIN GRANOLAS
Berried Treasures®
Gourmet Muesli
Mountain Crunch Granola
Sunburst® Granola

organic biologique
RICH IN ANTIOXIDANTS
RICHE EN ANTIOXYDANTS
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ORGANIC GRANOLAS
Organic Fantasia® Granola
Organic Morning Medley® Granola
Organic Sunburst® Granola

Certified organic by: Quality Assurance Intl.

ONE KILOGRAM FEATURED PRODUCTS

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RICH IN
ANTIOXIDANTS

So Smart™

An invigorating blend with real berries

This colourful mix bursting with flavours makes a great pick-me-up. This blend we offer you is a creative combination of carefully chosen ingredients which enhance health. Enjoy it at home or take it on the go.

Lite® with Wild Blueberries

An uplifting mix of dried fruits, nuts & seeds

An elegant recipe filled with plump dried fruit, oven baked nuts and seeds, and the unexpected addition of wild blueberries. Serve on its own as an entrée, or allow the simplicity of this dish to inspire you to transform breakfast cereals, salads and fragrant rice.

Salad Topper

Adds flavour and nutrition to any salad

Create splendid salads with this colorful blend of ruby red cranberries, crunchy cashews, pumpkin seeds and Tamari® sunflower seeds. Rich in antioxidants this mix is sure to bring your salad to new heights of flavour and nutrition.

RICH IN
ANTIOXIDANTS

Berried Treasures® Granola

A fruit filled surprise in every bite

The freeze dried natural goodness of delicious seasonal fruit like raspberries, blueberries, and strawberries burst into the purest of flavour in your mouth, complimented with the crunch of toasted oats sweetened with fruit juice.

Gourmet Muesli

The perfect breakfast cereal for a high energy day

Every bite is full of the goodness and healthful comfort of nutrient rich grains. The fiber of oats and barley, sweetened with a hint of organic cane sugar, are velvety against the crunchy background of almonds, cashews, and filberts that welcomes a wonderful surprise: tart and sassy strawberries.

Mountain Crunch Granola

Our featured wholesome granola

Toasty oats tossed with creamy almond slivers, ruby red cranberries, and plump raisins overflow breakfast bowls with simple healthful goodness. Sprinkle it on cereals or oatmeal to boost nutrition, on your favourite yogurt or vanilla ice cream, or enhance apple crisp toppings.

RICH IN
ANTIOXIDANTS

Organic Fantasia® Granola

A journey into fantasy

This crunchy mix of orange flavoured and cocoa coated clusters is a journey into fantasy. Discover an exciting way to balance the good sense of rolled oats and the benefits of almonds with a delicious citrus taste.

Organic Morning Medley® Granola

A wholesome organic way to start your day

Wake up to this delicious medley of sweet raisins and tangy cranberries. Rolled oats and wheat flakes are sweetened with honey and barley extract to wake up your taste buds.

Organic Sunburst® Granola

An organic naturSource® favourite

Power your day with naturally sweetened crunchy oat clusters tossed with the richness of raisins, dried apple, almonds and our unique blend of seeds. Stimulate your senses with mouth watering apple pie essences for a perfect morning balance.

RICH IN
ANTIOXIDANTS

Luxure®

Savoury sweet cashew crunch

Treat yourself to this combination of sweet and savoury, drizzled on sesame-encrusted cashews. These exotic golden nuts crunch with just the right touches for the palate to create a perfect quality in taste. Add to your stir fry recipes, rice entrées, couscous dishes and salads.

Classic Mixed Nuts

A traditional mix of dry roasted nuts with sea salt

The combination of 5 deluxe textures give the word crunchy a multitude of meanings. The sweetness of pecans, the crackle of almonds, the richness of cashews, the flavour appeal of hazelnuts and the treat of pistachio kernels, all dry roasted and sprinkled with sea salt, make beautiful music together.

Oh Rosemary™ with Olive Oil

Sophisticated rosemary attraction

Indulge in the warmth of rosemary herbs drizzled with olive oil and spices and tossed with our unique blend of premium cashews, almonds and pecans. Enjoy with a cocktail, enhance salads or dazzle your favourite entrée with a finish that steals the show.